



## GYM CLASS SCHEDULE



CLASS TIMES	CLASSROOM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7AM - 7:55AM	ROOM 1		HIT C2 (30mins)		HIT C2 (30mins)		
8AM - 8:45AM	ROOM 1	PUMP		PUMP		PUMP	
9AM - 9:55AM	ROOM 1						HIT C2 (30mins)
10AM - 10:55AM	ROOM 1						PUMP
5:30PM - 6:25PM	ROOM 2	HIT C2 (30mins)	PUMP	HIT C2 (30mins)	PUMP		

## SPECIALITY CLASS SCHEDULE

CLASS TIMES	CLASSROOM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6AM - 6:55AM	ROOM 1		TRX		TRX		
7AM - 7:55AM	ROOM 1	TRX		TRX		TRX	
8AM - 8:45AM	ROOM 2	BOOTCAMP		BOOTCAMP		BOOTCAMP	TRX
10AM - 10:55AM	ROOM 2						BOOTCAMP
5:45PM - 6:45PM	ROOM 1	TRX	TRX	TRX	TRX		
6:30PM - 7:25PM	ROOM 2	BOOTCAMP	BOOTCAMP	BOOTCAMP	BOOTCAMP		

\*\*\* CLASSES SUBJECT TO CHANGE \*\*\*

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